



# Alice's Embrace



Alice's Embrace is devoted to providing hand-knit and hand-crocheted prayer shawls and lap blankets to those suffering from Alzheimer's disease. We seek volunteers to knit and crochet the patterns that we have created. Through the loving hands of many generous and talented people, this endeavor will help ease the anxiety that is often present in those suffering from the disease.

## Thank You Lap Blanket



**Skill Level:** 

**Size:** Approximately 30" x 40"

**Materials:** 1400 yards worsted weight yarn  
or 700 yards chunky weight yarn

**Needles:** US #13-32" circular needle

**Notions:** Tapestry needle, right side marker

**Gauge:** 12 stitches = 4" in garter stitch (knit every row)

**Abbreviations:**

k = knit

p = purl

**Note:**

If you are using worsted weight yarn you will be double stranding the yarn throughout the pattern. If using chunky yarn you will be using it single stranded throughout the pattern.

**The Pattern:**

Cast on 92 stitches

Starting Border: Knit 10 rows

Row 1: (Right side): k16, p2, k2, p2 \*k12, p2, k2, p2; repeat from \* across to last 16 stitches, k16 (placing a marker on this row to denote right side of lap blanket)

Row 2: k5, p1, k8, \*p2, k2, p2, k2, p2, k8; repeat from \* across to last 6sts, p1, k5

Row 3: k6, p8, \*k2, p2, k2, p2, k2, p8; repeat from \* across to last 6sts, k6

Row 4: k5, p11, k2, p2, k2, \*p12, k2, p2, k2; repeat from \* across to last 16sts, p11, k5

Row 5: k16, p2, k2, p2 \*k12, p2, k2, p2; repeat from \* across to last 16 stitches, k16

Row 6: k5, p1, k8, \*p2, k2, p2, k2, p2, k8; repeat from \* across to last 6sts, p1, k5

Row 7: k6, p8, \*k2, p2, k2, p2, k2, p8; repeat from \* across to last 6sts, k6

Row 8: k5, p11, k2, p2, k2, \*p12, k2, p2, k2; repeat from \* across to last 16sts, p11, k5

Row 9: Knit across

Row 10: k5, p2, k2, p2, k2, \*p12, k2, p2, k2; repeat from \* across to last 7sts, p2, k5

Row 11: k7, p2, k2, p2, \*k2, p8, k2, p2, k2, p2; repeat from \* across to last 7sts, k7

Row 12: k5, p2, k2, p2, k2, p2, \*k8, p2, k2, p2, k2, p2; repeat from \* across to last 5sts, k5

Row 13: k7, p2, k2, p2, \*k12, p2, k2, p2; repeat from \* across to last 7sts, k7

Row 14: k5, p2, k2, p2, k2, \*p12, k2, p2, k2; repeat from \* across to last 7sts, p2, k5

Row 15: k7, p2, k2, p2, \*k2, p8, k2, p2, k2, p2; repeat from \* across to last 7sts, k7

Row 16: k5, p2, k2, p2, k2, p2, \*k8, p2, k2, p2, k2, p2; repeat from \* across to last 5sts, k5

Row 17: k7, p2, k2, p2, \*k12, p2, k2, p2; repeat from \* across to last 7sts, k7

Row 18: k5, purl across to last 5 stitches, k5

Repeat Rows 1-18 until lap blanket measures 38 inches from the cast on edge, after having just finished Row 18

Ending Border: Knit 10 rows

**Finishing:** Bind off loosely. Weave in all ends.